


















-MONDAY-	-TUESDAY-	-WEDNESDAY-	-THURSDAY-	-FRIDAY-
<p><b>1</b> <b>CENTER CLOSED</b> <b>HAPPY NEW YEAR</b></p> 	<p><b>2 Meat Lover's Baked Ziti</b> 10:00 Knitting &amp; Crocheting 10:00 Drawing w/ Bill 12:45 Computer Class w/ Larry</p> <p>-----</p> <p><b>New Year's Resolutions Word Searches</b></p> 	<p><b>3 Teriyaki Chicken Quarter</b> 10:00 Rummikub 10:30 Making Snowflakes for our Windows! 10:45 Stretch &amp; Tone</p>	<p><b>4 Beef Stew w/ Carrots &amp; Potatoes</b> 10:00 Open Table Games 11:30 Sing A Long</p> 	<p><b>5 Broiled Salmon w/ Lemon, Butter &amp; Dill</b> 10:30 Coffee &amp; Conversation 10:30 Line Dancing for Everyone</p>
<p><b>8 Hungarian Goulash</b> 10:30 Chair Yoga 10:30 Line Dancing for Everyone 1:00 Line Dancing w/ Jean</p> <p>-----</p> <p><b>Snow Word Search</b></p> 	<p><b>9 Chicken Marsala</b> 10:00 Drawing w/ Bill 12:45 Computer Class w/ Larry</p>	<p><b>10 Apple Roasted Pork</b> 10:00 Rummikub 10:45 Stretch &amp; Tone</p> <p>6:00- Grandparents Raising Grandchildren Support Group-HBSC (dinner served @ 6pm)</p>	<p><b>11 Macaroni, Tomato &amp; Beef Casserole</b> 10:00 Open Table Games 11:00 Marketing Gimmicks Discussion 11:30 Sing A Long 12:45 "The Zoo Keeper's Wife"</p>   <p>3-5pm SAGE East End n Mingle-HBSC</p>	<p><b>12 Beer Battered Cod w/ Tartar Sauce</b> 9:00 SCOFA Advocate-Frank Masterson 10:30 Horse Racing</p>
<p><b>15</b> <b>CENTER CLOSED</b></p>  <p><b>IN RECOGNITION OF MARTIN LUTHER KING DAY</b></p>	<p><b>16 Beef Stroganoff</b> 9:30 FAN FOOD @ BISHOP RYAN 10:00 Knitting &amp; Crocheting 10:00 Drawing w/ Bill 12:45 Computer Class w/ Larry</p> <p>-----</p> <p><b>MLK Word Search</b></p> 	<p><b>17 Scampi Style Chicken Breast</b> 10:00 Rummikub 10:30 Massage w/ Loretta 10:45 Stretch &amp; Tone</p> <p>6:00-8:00- Adult Children Support Group- HBSC (dinner served @ 6pm)</p>	<p><b>18 Braised Pork Ragù</b> 10:00 Open Table Games 11:30 Sing A Long</p> 	<p><b>19 Dijon Crusted Flounder w/ Almonds</b></p> <p>-----</p> <p><b>Monthly Birthday Party with Tommy Parris</b></p>  <p>2:30 Book Discussion Group- @ HBSC 4:30-7:00- Game Night (pre-registration required)</p> 
<p><b>22 Jambalaya</b> 10:30 Chair Yoga 10:30 Line Dancing for Everyone 1:00 Line Dancing w/ Jean</p>	<p><b>23 Maple Spiced Ham</b> 10:00 Drawing w/ Bill 10:45 Cruise to the Caribbean</p>  <p><b>Shuffleboard &amp; Other Games Welcome Aboard!</b></p> <p>12:45 Computer Class w/ Larry</p>	<p><b>24 Salisbury Steak w/ Mushroom Gravy</b> 10:00 Rummikub 10:30 Short Story Discussion 10:45 Stretch &amp; Tone</p>	<p><b>25 Chicken A La King</b> 10:00 Open Table Games 11:30 Sing A Long</p>  <p>-----</p> <p><b>Sunny Vacation Destinations Word Searches</b></p>  <p>3-5pm SAGE East End Mingle-HBSC (light dinner served)</p>	<p><b>26 Salmon Cakes w/ Remoulade</b> 10:30 Coffee &amp; Conversation 10:30 Line Dancing for Everyone</p>
<p><b>29 Stuffed Cabbage w/ Tomato</b> 10:30 Chair Yoga 10:30 Line Dancing for Everyone 1:00 Line Dancing w/ Jean</p>	<p><b>30 Meat Lover's Baked Ziti</b> 10:00 Drawing w/ Bill 12:45 Computer Class w/ Larry</p>	<p><b>31 Teriyaki Chicken Quarter</b> 10:00 Rummikub 10:45 Stretch &amp; Tone 10:30 COCOA BARISTA- Enjoy a Hot Cocoa and some sweet toppings!</p>  <p>12:00 Caregiver's Support Group-HBSC (lunch served at 12noon)</p>		<p><b>Shopping to Riverhead Stores w/ Shuttle Buses Every Friday</b></p>  <p>Make your appt w/ the Shuttle... 631-728-1110</p>