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|--|--|---|---|---|
| <p>1</p> <p>CENTER CLOSED HAPPY NEW YEAR</p>  | <p>2 Meat Lover's Baked Ziti 9:30 Hand Reflexology w/ Pam Normandy 10:30 Chair Yoga 1:30 Writer's Group</p> <p>-----</p> <p>New Year's Resolutions Word Searches</p>  | <p>3 Teriyaki Chicken Quarter 9:00 Mah Jongg 10:30 Making Snowflakes for our Windows! 12:45 Movie Day- "The Zookeeper's Wife"</p>  | <p>4 Beef Stew w/ Carrots & Potatoes</p> <p>-----</p> <p>Monthly Birthday Party w/ Tommy Parris</p>  | <p>5 Broiled Salmon w/ Lemon, Butter & Dill 10:00 Stretch & Tone 10-11:30 Tablet Class 1:00 Canasta</p> |
| <p>8 Hungarian Goulash 10:00 Stretch & Tone 11:15 Meditation & Relaxation</p> <p>-----</p> <p>Snow Word Search</p>  | <p>9 Chicken Marsala 10:30 Chair Yoga 9:30 Hand Reflexology w/ Pam Normandy 10:00 Knitting & Crocheting 1:30 Writers Group</p> <p>-----</p> <p>THRIFTY BOUTIQUE SHOP IS OPEN!</p>  | <p>10 Apple Roasted Pork 9:00 Mah Jongg 10:30 Massage w/ Loretta 10:30 Horse Racing</p>  <p>6:00- Grandparents Raising Grandchildren (dinner served @ 6pm)</p> | <p>11 Macaroni, Tomato & Beef Casserole 10:00 Sing-A-Long 10:30 Coffee and Conversation 11:15 Marketing Gimmicks Discussion 3-5pm SAGE East End Mingle</p> | <p>12 Beer Battered Cod w/ Tartar Sauce 10:00 Stretch & Tone 10-11:30 Tablet Class 1:00 Canasta</p> |
| <p>15</p> <p>CENTER CLOSED</p>  <p>IN RECOGNITION OF MARTIN LUTHER KING DAY</p> | <p>16 Beef Stroganoff 9:30 FAN FOOD @ BISHOP RYAN 10:30 Chair Yoga 1:30 Writers Group</p> <p>-----</p> <p>MLK Word Search</p>  | <p>17 Scampi Style Chicken Breast 9:00 Mah Jongg 9:00 SCOFA Advocate-Frank Masterson</p> <p>6:00 Adult Children's Support Group (dinner served @ 6pm)</p> | <p>18 Braised Pork Ragù 10:00 Sing-A-Long 10:15 Coffee and Conversation 12:45 Movie Day- "The Zookeeper's Wife"</p>  | <p>19 Dijon Crusted Flounder w/ Almonds 10:00 Stretch & Tone 10-11:30 Tablet Class 1:00 Canasta 2:30 Book Discussion Group- TBA</p> <p>4:30-7:00- Game Night (pre-registration required)</p>  |
| <p>22 Jambalaya 10:00 Stretch & Tone</p> | <p>23 Maple Spiced Ham 10:00 Knitting & Crocheting 10:30 Chair Yoga 10:45 Cruise to the Caribbean 1:30 Writers Group</p>  <p>Shuffleboard & Other Games Welcome Aboard!</p> | <p>24 Salisbury Steak w/ Mushroom Gravy 9:00 Mah Jongg</p> <p>-----</p> <p>Sunny Vacation Destinations Word Searches</p>  | <p>25 Chicken A La King 10:00 Sing-A-Long 10:30 Coffee and Conversation 3-5pm SAGE East End Mingle</p> <p>-----</p> <p>THRIFTY BOUTIQUE SHOP IS OPEN!</p>  | <p>26 Salmon Cakes w/ Remoulade 10:00 Stretch & Tone 10-11:30 Tablet Class 1:00 Canasta</p> |
| <p>29 Stuffed Cabbage w/ Tomato 10:00 Stretch & Tone 10:00 -2:00 FREE Application Assistance for Medicaid Programs 11:15 Meditation & Relaxation</p> | <p>30 Meat Lover's Baked Ziti 9:00 SCOFA Advocate-Frank Masterson 10:30 Chair Yoga 1:30 Writers Group</p> | <p>31 Teriyaki Chicken Quarters 9:00 Mah Jongg 10:30 COCOA BARISTA- Enjoy a Hot Cocoa and some sweet toppings!</p>  <p>12:00 Caregiver's Support Group (lunch served at 12noon)</p> | <p>TICKETS ON SALE FOR THE FEBRUARY CALENDAR RAFFLE!</p>   | <p>Shopping to Riverhead Stores w/ Shuttle Buses Every Tuesday</p> <p>-----</p> <p>Shopping in Hampton Bays Every Wednesday w/ Shuttle Buses</p>  |